I run. The team runs. I work. The team works. I score. The team scores. I win. The team wins.

DETERMINED

Play.



Something's missing. Something you've longed for since you stopped playing. It's not unusual. It happens to us all. You miss the tension. The anticipation. That great explosion of energy and being part of something that really matters, and everyone around you treasures. The satisfaction of driving a maul. Making a break when you know you're fit enough to take

them on. You miss the individual achievement and team purpose. The passion and the pleasure. On the field and in the clubhouse. It's time to re-connect. To feel alive again.

Feeling alive?

Visit www.goplayrugby.com or text 'Play' and your postcode to 64411 to find your nearest club.



www.goplayrugby.com